

# PRE-CONGRESS WORKSHOP 1

## THE 4<sup>th</sup> CSAMM/10<sup>th</sup> SELSMA ADVANCED HANDS ON LAPAROSCOPIC SUTURING WORKSHOP 2019: FROM BASICS TO EXPERT SUTURING

**Date :** 1<sup>st</sup> August 2019 (Thursday)

**Venue :** Simulation Lab, Anatomy Department, Faculty of Medicine, University of Malaya, Kuala Lumpur, Malaysia

**Faculty :** Lau Peng Choong, Rajkumar Vinayak, Vijaya Shankar, Siow Sze LI, Yeap Chee Loong, Tikfu Gee

### TARGET PARTICIPANTS

1. Surgical Registrars/ Medical Officers
2. Surgeons in any surgical subspeciality
3. Consultants who wish to refine their pre-existing skills

### LEARNING OBJECTIVES

1. Safe needle handling/ intracorporeal suturing.
2. Tie a safe laparoscopic Surgeon's knot.
3. Create a laparoscopic tumbled square knot.
4. Demonstrate continuous suturing, maintaining tension and completing the suture line safely.
5. Demonstrate extracorporeal knotting and know when to lock the knot.

### PROGRAMME

0830 - 0850	Registration
0850 - 0900	Welcome Address
0900 - 0930	Requirements For Laparoscopic Suturing - Port Placement / Ergonomics - Needle Holder Types - Knot Pusher - Ideal Suture Length
0930 - 1000	Video / Live Demo Needle Handling Techniques
1000 - 1030	Video / Live Demo Intracorporeal Knotting Methods
1030 - 1045	Tea
1045 - 1230	Practical Skills Sessions (Dry Lab)
1230 - 1330	Lunch
1330 - 1400	Laparoscopic Suturing In GI Surgeries
1400 - 1430	Video / Live Demo Extra-Corporeal Knots
1430 - 1545	Practical Skills Session (Wet Lab)
1545 - 1600	Tea
1600 - 1630	Assessment (Intra-Corporeal Suturing And Knotting)
1630 - 1645	Q & A / Feedback
1645 - 1700	Course Closure

# PROGRAMME SUMMARY

Date Time	2 <sup>nd</sup> August 2019 (Friday)	3 <sup>rd</sup> August 2019 (Saturday)	4 <sup>th</sup> August 2019 (Sunday)	
0700 - 0730		<b>Meet-The-Expert Breakfast Session</b>	<b>Meet-The-Expert Breakfast Session</b>	
0730 - 0800		1   2   3	4   5	
0800 - 0830	<b>SYMPOSIA</b>	<b>PLENARY 2</b>	<b>PLENARY 3</b>	
0830 - 0900	1   2   3   4	<b>SYMPOSIA</b>	<b>SYMPOSIA</b>	
0900 - 0930		8   9   10   11	19   20   21   22	
0930 - 1000	Poster Viewing / Exhibition / Tea	Poster Viewing / Exhibition / Tea	Tea	
1000 - 1030	<b>OPENING CEREMONY &amp; 46<sup>TH</sup> A M ISMAIL ORATION</b>	Tea Symposia	<b>SYMPOSIA</b>	
1030 - 1100		3   4		
1100 - 1130		<b>ETHICON Prize Presentations</b>   <b>APDW Prize Presentations</b>		23   24   25   26
1130 - 1200				
1200 - 1230				
1230 - 1300	Lunch Symposia	<b>SYMPOSIA</b>	<b>SYMPOSIA</b>	
1300 - 1330	1   2	12   13   14   <b>FREE PAPER 2</b>	27   28   29	
1330 - 1400	Lunch / Friday Prayers	Lunch Symposia	Lunch	
1400 - 1430		3   4   Presidents Round Table Lunch Meeting ( <i>by invitation only</i> )		
1430 - 1500	<b>PLENARY 1</b>			
1500 - 1530	<b>SYMPOSIA</b>	<b>SYMPOSIA</b>		
1530 - 1600	5   6   7   <b>FREE PAPER 1</b>	15   16   17   18		
1600 - 1630				
1630 - 1700	Tea Symposia	Tea Symposia		
	1   2	5   6		
1700 - 1730	Tea	Tea		
1730 - 1900		<b>Chapter Meeting</b>		
1930 - 2230	<b>FACULTY DINNER</b> ( <i>by invitation only</i> )	<b>GALA DINNER</b>		

PROGRAMME FOR NURSES

MEDICAL STUDENT SYMPOSIUM

# DAILY PROGRAMME

## 2<sup>nd</sup> August 2019 (Friday)

- 0800 - 0930 **SYMPOSIUM 1 | Radical Surgery - Are They The Way Forward** Sabah  
Chairperson: *TBA*
- 1.1 Is Radical Surgery Needed In Rectal Cancer In All Patients?  
*TBC*
  - 1.2 Hyperthermic Intraoperative Chemotherapy (HIPEC)  
*TBC*
  - 1.3 Radical Surgery In HPB  
*Yoong Boon Koon*
  - 1.4 Radical Surgery In Stomach Cancer  
*Ramesh Gurunathan*
- 0800 - 0930 **SYMPOSIUM 2 | Bariatric Surgery** Sarawak  
Chairperson: *TBA*
- 2.1 Metabolic Surgery In Asia  
*Simon Wong*
  - 2.2 Metabolic Surgery - Candidates & Procedure Options  
*Siow Sze Li*
  - 2.3 Long Term Result Of Sleeve Gastrectomy & Gastric Bypass  
*Simon Wong*
- 0800 - 0930 **SYMPOSIUM 3 | Surgical Education** Melaka  
Chairperson: *TBA*
- 3.1 Using Social Media As A Platform Of Virtual Discussion  
*Andrew Hill*
  - 3.2 Silent Mentor In Surgical Training  
*Saw Aik*
  - 3.3 Rescuing The Lost Tribe  
*April Camilla Roslani*
  - 3.4 Surgical Training Beyond Core Competencies  
*Paul Lai*
- 0800 - 0930 **SYMPOSIUM 4 | Vascular - Arteriovenous Fistula And Varicose Veins** Kedah  
Chairperson: *TBA*
- 4.1 Case Selection: How To Achieve High Primary Patency Rate In Arteriovenous  
*Kevin Moissinac*
  - 4.2 Salvage Of Thrombosed AVF: When And How?  
*Khang Nan Chuang*
  - 4.3 New Twist To Old Modalities In Endovenous Therapy- Mechanico-Chemical Ablation And Sclerotherapy  
*Saravana Selvanathan*
  - 4.4 New Kid On The Block: Endovenous Glue Ablation  
*Benjamin Leong Dak Keong*

# DAILY PROGRAMME

## 2<sup>nd</sup> August 2019 (Friday)

0930 - 1000	Poster Viewing / Exhibition / Tea	
1000 - 1230	<b>OPENING CEREMONY &amp; 46<sup>TH</sup> A M ISMAIL ORATION</b> <b>ASA LECTURE</b> <b>GB ONG LECTURE</b> <b>RACS FOUNDATION LECTURE</b> East Timor: The Challenges Of Rebuilding Surgical Capacity <i>Glenn Guest</i>	
1230 - 1330	<b>LUNCH SYMPOSIUM 1 (ABBOTT)</b>	Sabah
1230 - 1330	<b>LUNCH SYMPOSIUM 2</b>	Sarawak
1330 - 1430	Lunch / Friday Prayers	
1430 - 1500	<b>PLENARY 1</b> Chairperson: <i>TBA</i> The Future Of Robotic Surgery <i>Kim Seon Hahn</i>	
1500 - 1630	<b>SYMPOSIUM 5   <i>Managing Unexpected Surgical Catastrophe</i></b> Chairperson: <i>TBA</i> 5.1 Detection And Treating Ischaemic Reperfusion Injury Post Trauma <i>Liew Ngoh Chin</i>  5.2 Managing Severe Pelvic Venous Bleed <i>Liew Ngoh Chin</i>  5.3 Unexpected Colonic Perforation <i>Ismail Sagap</i>  5.4 Transected Ureter <i>Christopher Ho</i>	Sabah
1500 - 1630	<b>SYMPOSIUM 6   <i>Innovation In Medical Devices</i></b> Chairperson: <i>TBA</i> 6.1 Technical Advances In Endoscopic Submucosal Dissection <i>Upper GI</i>  6.2 Robotic Surgery: The Ugly, The Bad And The Good <i>Liew Ngoh Chin</i>  6.3 Transanal Total Mesorectal Excision (TaTME): Using New Technology To Enhance Rectal Dissection <i>Glenn Guest</i>  6.4 AI And Big Data In Surgery <i>Noor Hisham Abdullah</i>	Sarawak

# DAILY PROGRAMME

## 2<sup>nd</sup> August 2019 (Friday)

1500 - 1630	<b>SYMPOSIUM 7   <i>Plastic: Abdominal Wall Essentials</i></b> Chairperson: <i>TBA</i> 7.1 TBA <i>TBA</i> 7.2 TBA <i>TBA</i> 7.3 TBA <i>TBA</i> 7.4 TBA <i>TBA</i>	Melaka
1500 - 1630	<b>FREE PAPER 1</b>	Kedah
1630 - 1700	<b>TEA SYMPOSIUM 1</b>	Sabah
1630 - 1700	<b>TEA SYMPOSIUM 2</b>	Sarawak
1700 - 1730	Tea	
1930 - 2230	<b>FACULTY DINNER</b> ( <i>by invitation only</i> )	



**PROGRAMME FOR NURSES**  
**2<sup>nd</sup> August 2019 (Friday)**

# DAILY PROGRAMME

## 3<sup>rd</sup> August 2019 (Saturday)

0700 - 0800	<p><b>Meet-The-Expert Breakfast Session 1   Upper GI: Gastric Cancer</b>            Case Discussions            Panelists: <i>Simon Wong / Simon Paterson-Brown / Mike Griffin</i></p>	Sabah
0700 - 0800	<p><b>Meet-The-Expert Breakfast Session 2   Breast: Surgical Approach For Malignant / Benign Breast Disease Cases</b>            Panelists: <i>Fukuma / Lai / Kolberg</i></p>	Sarawak
0700 - 0800	<p><b>Meet-The-Expert Breakfast Session3   Colorectal</b>            Panelist: <i>TBA</i></p>	Melaka
0800 - 0830	<p><b>PLENARY 2</b>            Chairperson: <i>TBA</i>            Cancer In Pregnancy  <i>Mastura Md Yusof</i></p>	
0830 - 1000	<p><b>SYMPOSIUM 8   Cancer Neoadjuvant</b>            Chairperson: <i>TBA</i></p> <p>8.1 Neoadjuvant Treatment In Oesophagus Cancer  <i>Wan Zamaniah Wan Ishak</i></p> <p>8.2 Neoadjuvant Treatment In Rectal Cancer  <i>Fuad Ismail</i></p> <p>8.3 Neoadjuvant In Pancreatic Cancer  <i>Wan Zamaniah Wan Ishak</i></p> <p>8.4 Neoadjuvant In Treatment Of Breast Cancer  <i>Mastura Md Yusof</i></p>	Sabah
0830 - 1000	<p><b>SYMPOSIUM 9   Innovative Breast Surgery</b>            Chairperson: <i>TBA</i></p> <p>9.1 Fertility On Ice: Fertility Preservation In Cancer Patients  <i>Lim Lei Jun</i></p> <p>9.2 Cryoablation For Breast Cancer: Japanese Experiences  <i>Eisuke Fukuma</i></p> <p>9.3 Minimally Invasive Breast Cancer Surgery: Endoscopic Breast Surgery  <i>Eisuke Fukuma</i></p> <p>9.4 Are We Ready For Robotic Surgery In Breast Cancer?  <i>Lai Hung Wen</i></p>	Sarawak

# DAILY PROGRAMME

## 3<sup>rd</sup> August 2019 (Saturday)

0830 - 1000	<p><b>SYMPOSIUM 10   <i>Improving Surgical Performance - A Team Effort</i></b></p> <p>Chairperson: <i>TBA</i></p> <p>10.1 Current Outcome Measures In Surgery - Complications, Mortality Figures, Specialties Audit, Never Events Etc <i>TBA</i></p> <p>10.2 What Factors Affect Team Performance? <i>TBA</i></p> <p>10.3 Understanding What Improves Team Performance <i>TBA</i></p> <p>10.4 Implementing Team Training To Improve Performance <i>TBA</i></p>	Melaka
0830 - 1000	<p><b>SYMPOSIUM 11   <i>Plastic: Best Face Forward</i></b></p> <p>Chairperson: <i>TBA</i></p> <p>11.1 TBA <i>TBA</i></p> <p>11.2 TBA <i>TBA</i></p> <p>11.3 TBA <i>TBA</i></p> <p>11.4 TBA <i>TBA</i></p>	Kedah
1000 - 1030	Poster Viewing / Exhibition / Tea	
1030 - 1100	<b>TEA SYMPOSIUM 3 (<i>ROCHE</i>)</b>	Sabah
1030 - 1100	<b>TEA SYMPOSIUM 4 (<i>BARD</i>)</b>	Sarawak
1100 - 1200	<b>ETHICON Prize Presentations</b>	Sabah
1100 - 1200	<b>APDW Prize Presentations</b>	Sarawak
1200 - 1330	<p><b>SYMPOSIUM 12   <i>Upper GI</i></b></p> <p>Chairperson: <i>TBA</i></p> <p>12.1 Hellers Myotomy And Fundoplication: Is It Still Standard Of Care <i>Ramesh Gurunathan</i></p> <p>12.2 OGJ Tumours: Oesophagectomy Or Gastrectomy <i>Mike Griffin</i></p> <p>12.3 Managing Complicatiopns After Oesophagectomy <i>Mike Griffin</i></p> <p>12.4 TBA <i>TBA</i></p>	Sabah



# DAILY PROGRAMME

## 3<sup>rd</sup> August 2019 (Saturday)

1200 - 1330	<p><b>SYMPOSIUM 13   Updates In Breast Surgery</b></p> <p>Chairperson: <i>TBA</i></p> <p>13.1 Update On DCIS Management: Are We Under Or Overtreat? <i>TBA</i></p> <p>13.2 Role Of Diagnostic Mammogram In Surgeons Perspective <i>TBA</i></p> <p>13.3 Update In Sentinel Lymph Node Biopsy <i>TBA</i></p> <p>13.4 Updates In Primary Breast Cancer Options <i>TBA</i></p>	Sarawak
1200 - 1330	<p><b>SYMPOSIUM 14   Oppressive Behaviours In The Workplace</b></p> <p>Chairperson: <i>TBA</i></p> <p>14.1 Is It A Real Problem In Malaysia? <i>April Camilla Roslani</i></p> <p>14.2 Perpetrator Or Victim? Why Oppressive Behaviours Happen <i>TBC</i></p> <p>14.3 Impact - Civility Saves Lives <i>Mike Lavelle-Jones</i></p> <p>14.4 What Can We Do? <i>Richard Perry</i></p> <p>14.5 Reverse Bullying <i>Judy Evans</i></p>	Melaka
1200 - 1330	<b>FREE PAPER 2</b>	Kedah
1330 - 1500	<b>LUNCH SYMPOSIUM 3 (KIV BAXTER)</b>	Sabah
1330 - 1500	<b>LUNCH SYMPOSIUM 4</b>	Sarawak
1330 - 1500	<b>Presidents Round Table Lunch Meeting (by invitation only)</b>	Melaka
1500 - 1630	<p><b>SYMPOSIUM 15   Vascular - Revisiting Open Surgery In Vascular Diseases</b></p> <p>Chairperson: <i>TBA</i></p> <p>15.1 The Role Of Open Repair Of AAA In The Era Of Endo Vascular Aneurysm Repair (EVAR): Implication Of The UK NICE Guidelines <i>Naresh Govindarajanthran</i></p> <p>15.2 Open Bypass To Treat Peripheral Vascular Disease <i>Hafizan Md Tajri</i></p> <p>15.3 Arteriovenous Fistula (AVF) Complications: When Are Open Procedures Better? <i>Zainal Ariffin Azizi</i></p> <p>15.4 Role Of High Saphenous Vein Ligation In The Era Of Endovenous Therapy <i>Liew Ngoh Chin</i></p>	Sabah

# DAILY PROGRAMME

## 3<sup>rd</sup> August 2019 (Saturday)

1500 - 1630	<b>SYMPOSIUM 16   <i>Surgical Techniques In Breast Surgery</i></b> Chairperson: <i>TBA</i> 16.1 Implant Vs Autologous: Which Is More Superior? <i>TBA</i> 16.2 Second Surgery In Breast Reconstruction <i>TBA</i> 16.3 Surgical Technique In Locally Advanced Breast Cancer <i>TBA</i> 16.4 Prophylactic Mastectomy And Immediate Breast Reconstruction: Updates And Options <i>TBA</i>	Sarawak
1500 - 1630	<b>SYMPOSIUM 17   <i>Technical Skills Training - Why It's Time For A Paradigm Shift</i></b> Chairperson: <i>TBA</i> 17.1 Non-Technical Skills - Why Do They Matter? <i>April Camilla Roslani</i> 17.2 Training The Surgeon As A Professional Athlete <i>Farrah Hani</i> 17.3 Mentoring - How To Realize The Full Potential Of Your Trainees <i>Yip Cheng Har</i> 17.4 Servant Leadership <i>April Camilla Roslani</i>	Melaka
1500 - 1630	<b>SYMPOSIUM 18   <i>Laparoscopic / Robotic / MIS</i></b> Chairperson: <i>TBA</i> 18.1 Role Of Robotic Surgery In Laparoscopic HPB Centre <i>Yoong Boon Koon</i> 18.2 Current Status Of Robotic Urology <i>TBA</i> 18.3 Is It Cost Effective: The New Technology <i>Paul Lai</i> 18.4 TBA <i>TBA</i>	Kedah
1630 - 1700	<b>TEA SYMPOSIUM 5 (NORVATIS)</b>	Sabah
1630 - 1700	<b>TEA SYMPOSIUM 6 (ZEISS)</b>	Sarawak
1700 - 1730	Tea	
1730 - 1900	<b>Chapter Meeting</b>	
1930 - 2230	<b>GALA DINNER</b>	



**MEDICAL STUDENT SYMPOSIUM**  
**3<sup>rd</sup> August 2019 (Saturday)**

# DAILY PROGRAMME

## 4<sup>th</sup> August 2019 (Sunday)

0700 - 0800	<b>Meet-The-Expert Breakfast Session 4   <i>HPB Surgery</i></b>	Sarawak
0700 - 0800	<b>Meet-The-Expert Breakfast Session 5   <i>Endocrine</i></b> Managing Complex Endocrine Cases In Areas With Limited Resources: How To Avoid Complications	Melaka
0800 - 0830	<b>PLENARY 3</b> Chairperson: <i>TBA</i> TBA <i>Kenneth D Boffat</i>	
0830 - 1000	<b>SYMPOSIUM 19   <i>Trauma</i></b> Chairperson: <i>TBA</i> 19.1 Updates In Primary Survey And A Look At Common Mistakes Related To The Primary Survey <i>Andre Das</i>  19.2 Updates On Fluid Resuscitation In Trauma <i>Lum Siew Kheong</i>  19.3 Updates On Haemodynamic Instability With Pelvic Injuries <i>Yuzaidi</i>  19.4 TBA <i>Kenneth D Boffard</i>	Sabah
0830 - 1000	<b>SYMPOSIUM 20   <i>Men's Health</i></b> Chairperson: <i>TBA</i> 20.1 Andropause Or Men-No-Pause: Myth Or Reality? <i>Christopher Ho</i>  20.2 Prostate Cancer: Have We Won The Battle? <i>Christopher Ho</i>  20.3 Sexual Dysfunction In Men: Up Or Down? <i>Christopher Ho</i>	Sarawak
0830 - 1000	<b>SYMPOSIUM 21   <i>Endocrine: Update In Management Of Well Differentiated Thyroid Carcinoma</i></b> Chairperson: <i>TBA</i> 21.1 Well Differentiated Thyroid Carcinoma: Changes To AJCC 8 Staging System And Its Complications <i>Nor Azham Hakim Bin Darail</i>  21.2 Surgery For Differentiated Thyroid Cancer: Less Is More <i>Nor Azham Hakim Bin Darail</i>  21.3 RAI For DTc: Paradigm Shift In Management And Indication <i>Nor Azham Hakim Bin Darail</i>	Melaka

# DAILY PROGRAMME

## 4<sup>th</sup> August 2019 (Sunday)

- 0830 - 1000 **SYMPOSIUM 22 | Thoracic Surgery** Kedah  
Chairperson: *Raja Amin Bin Mokhtar / Ahmad Sachithanandan*
- 22.1 Low Dose CT Screening For Lung Cancer: An Update For The Thoracic  
*Raja Rizal Azman Bin Raja Aman*
- 22.2 Role Of Surgery In Contemporary Management Of Stage IIIA (N2) Non Small Cell Lung Cancer  
*Anand Sachithanandan*
- 22.3 Surgery For Stage IV Oligometastatic Disease  
*Balaji Badmanaban*
- 1000 - 1030 Tea
- 1130 - 1200 **SYMPOSIUM 23 | Trauma** Sabah  
Chairperson: *TBA*
- 23.1 The Science Behind The ATLS Education  
*Andre Das*
- 23.2 Learning A Psychomotor Skill The ATLS Way  
*Moses Samuel*
- 23.3 TBA  
*Kenneth D Boffard*
- 23.4 TBA  
*Kenneth D Boffard*
- 1130 - 1200 **SYMPOSIUM 24 | Paediatric Surgery** Sarawak  
Chairperson: *TBA*
- 24.1 Mediastinal And Abdominal Malignancy In Adolescents: Lesson Learned  
*Zakaria Zahari*
- 24.2 Management Of Late Diagnosed Hirschsprug Disease  
*Mohan Arunasalam*
- 24.3 Nonoperative Management Of Appendicitis In Children  
*Mohd Yusof Abdullah*
- 1130 - 1200 **SYMPOSIUM 25 | Endocrine** Melaka  
Chairperson: *TBA*
- 25.1 Debate - Surgery For Early Thyroid Cancer: Endoscopic Thyroidectomy Is The Way Forward  
*TBA*

# DAILY PROGRAMME

## 4<sup>th</sup> August 2019 (Sunday)

1130 - 1200	<b>SYMPOSIUM 26   Thoracic Surgery</b> Chairperson: <i>Raja Amin Bin Mokhtar / Ahmad Sachithanandan</i> 26.1 Minimally Invasive (VATS/RATS) Vs Open Surgery For Lung Cancer: An Evidenced Based Review <i>Soon Sing Yang</i> 26.2 Surgery For Pulmonary Tuberculosis <i>Adrian Ooi Seng Wae</i> 26.4 Surgical Therapies For mesothelioma - An Update <i>Sivakumar Krihnasamy</i>	Kedah
1200 - 1330	<b>SYMPOSIUM 27   Optimising Care Of The Elderly</b> Chairperson: <i>TBA</i> 27.1 Case Based Discussions On Challenges On Pre-Operative, Intra-Operative, Post-Operative Care Of Elderly Patients <i>Panelists: Patrick Tan / Sharul Bahiyah / Mike Holland</i> <i>Moderator: David Choon</i>	Sabah
1200 - 1330	<b>SYMPOSIUM 28   HPB</b> Chairperson: <i>TBA</i> 28.1 Predicting Surgical Outcome In HCC <i>Yoong Boon Koon</i> 28.2 Liver Transplantation In The Era Of Evolving Hepatitis <i>Daryl Wall</i> 28.3 Endoscopic And Surgical Management Of Chronic Pancreatitis <i>Soo Kee Chee</i> 28.4 TBA <i>TBA</i>	Sarawak
1200 - 1330	<b>SYMPOSIUM 29   How I Do It</b> Chairperson: <i>Ismail Sagap</i> 29.1 Debate - Surgery For Early Thyroid Cancer: Endoscopic Thyroidectomy Is The Way Forward <i>TBA</i> 29.2 TBA <i>TBA</i> 29.3 TBA <i>TBA</i> 29.4 TBA <i>TBA</i>	Melaka
1330 - 1430	Lunch	

# POST-CONGRESS WORKSHOP 1

## Non-Technical Skills for Surgeons (NOTSS)

**Date :** 5<sup>th</sup> August 2019 (Monday)

**Time :** 0830 - 1645

**Venue :** The National University Hospital (Universiti Kebangsaan Malaysia), Kuala Lumpur, Malaysia

**Faculty :** April Camilla Roslani / Lim Kean Ghee / Andre Das / Yeap Chee Loong / Ainul Syahrifazli Jaafar

### PROGRAMME

0800 - 0830	Registration And Breakfast
0830 - 0835	Welcome Address
0835 - 0945	Aims Of Course Adverse Events In Surgery Exercise Error And HF Introduction To The NOTSS System
0945 - 1005	Situation Awareness 1
1005 - 1035	Situation Awareness 2 Exercise
1035 - 1050	Tea
1050 - 1200	Decision Making Exercise
1200 - 1230	Performance Limitation Factors
1230 - 1315	Lunch
1315 - 1345	Communication (With Avianca)
1345 - 1430	Teamwork (With Sully) Exercise
1430 - 1500	Leadership Exercise
1500 - 1515	Tea
1515 - 1600	Full Assessment Of Scenario With Discussion And De-Briefing Wider Implications Of NOTSS And Course Round-Up
1600	Closing